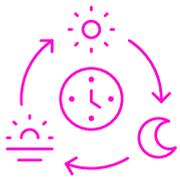


# Visual Supports Checklist

Practical checklist to support understanding, engagement and regulation in **Early Childhood and School Settings**



## Daily routines & time concepts

- Daily Schedule** – key components of the day (e.g., play, lunch, mat time and pick up)
- Weekly Calendar** – key events across the week (e.g., book week parade or a visit from the fire fighters)
- First-Then Boards** – transitioning across key learning spaces or supporting ‘waiting’



## Independence & engagement

- Activity Schedules** – breaking down a learning activity (e.g. shared reading = 1. book 2. song 3. games)
- Choice boards** – supporting agency and autonomy across learning spaces (e.g., playground choice board, emotional regulation and indoor play)
- Personal care** – visual breakdown for handwashing, toileting and dressing (as required)



## Transitions and regulation

- Visual lanyards** – worn by carers containing key messages such as (classroom, playground, toilet, help, stop, wash hands etc)
- Transition supports** – large visuals that display ‘where’ we might be going or ‘what’ is happening



## Expressing needs and wants

- Basic message boards** – basic messages that as 'help', 'yes', 'no', 'toilet' and spaces within the school
- Choice boards** – within different learning activities (e.g., choose a game) or independent leisure (drawing or playdough)
- Social stories** – photos based stories that help explain different scenarios (e.g. the fire truck is visiting) or changes in routine (e.g. it's raining today... no playground, let's choose an activity!)



## Connecting School and home

- My family/school grow book** – a way to support shared messaging about life at home and school
- Individualised communication supports** – some children have an external speech-language pathologist that might suggest tools to support communication, learning and engagement? If so... follow up!

### **Collaborative space:**

*Connect with your team and review this document, action areas and missing supports that will help young learners understanding, engagement and regulation.*