



Supporting People with Intellectual Disability Through Inclusive Visual Communication

MyComms is a clinician-designed platform for creating personalised visual supports that promote communication access, autonomy and health equity. Whether you're supporting informed decision-making, daily living skills or healthcare access, MyComms equips your team to deliver evidence-based supports that are flexible, person-led and practical.

Use MyComms to:

- Quickly create tailored visuals using real photos and home languages
- Reduce reliance on printed resources or generic icons
- Build communication equity into everyday service delivery
- Support NDIS documentation, behaviour support plans and health action plans

“What do you want to do?”



Choice Boards Supporting Autonomy and Informed Decision-Making

Visual choice boards help adults express preferences, participate in decision-making and stay actively involved in their own care. They can be used to support:

- Daily living choices (e.g. meals, activities, clothing)
- Care planning and service preferences
- Informed consent for health or support decisions
- Choice boards uphold the right to accessible information and shared control - essential in person-centred, rights-based practice.

Task Breakdowns: Supporting Independence and Predictability

Visual task breakdowns sequence routines into manageable steps, supporting individuals to:

- Understand what's expected
- Build independence in routines like taking medication, attending appointments or preparing meals
- Reduce anxiety and improve follow-through

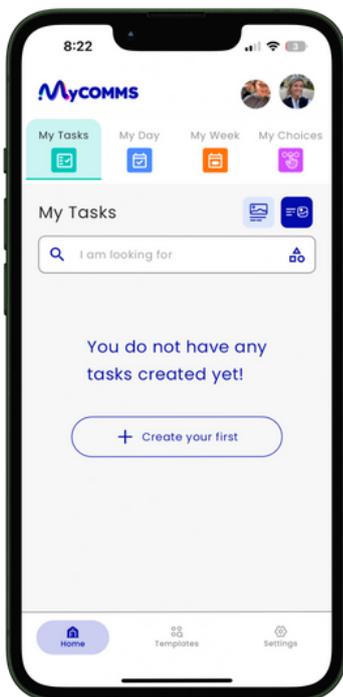
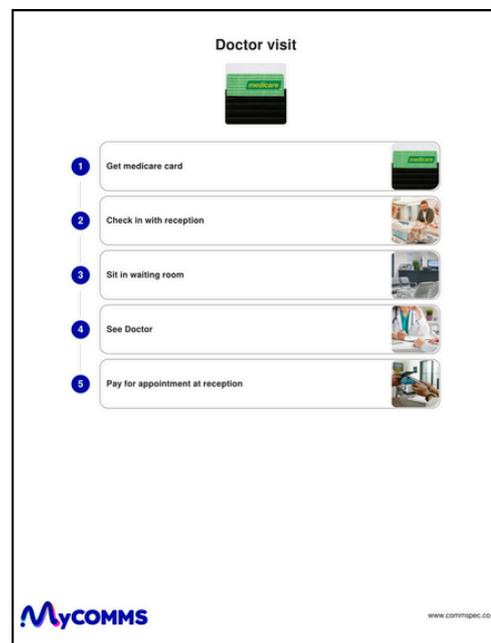
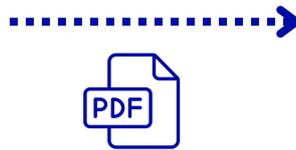
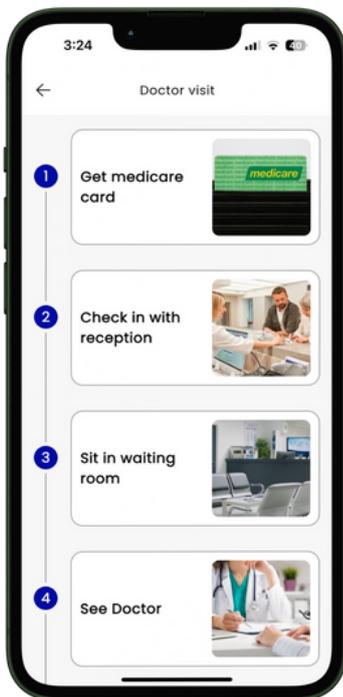
These supports reduce cognitive load, scaffold executive functioning, and promote consistent support across environments.

Health Literacy and Cross-Setting Consistency

Use MyComms to break down healthcare processes, prepare for appointments, explain procedures or support understanding of medications. You can:

- Export visuals for use in health passports, planning meetings or staff training
- Share with families, support workers or clinicians instantly
- Reinforce consistent communication strategies across home, clinic and community settings

Predictability is a cornerstone of quality support - fostering trust, reducing distress and enabling participation. MyComms brings this principle to life through visual communication.



A blank canvas invites possibility.

Use MyComms to lead inclusive, person-centred practice by designing supports that reflect each person's communication preferences, cultural identity, support needs and lived context.

Clinicians and service leaders can use MyComms to:

- Model inclusive communication strategies during appointments or team training
- Support teams to create visuals in real time with the person
- Promote shared ownership and reduce support worker dependency on specialist-created materials

These practices help embed communication equity across organisations.